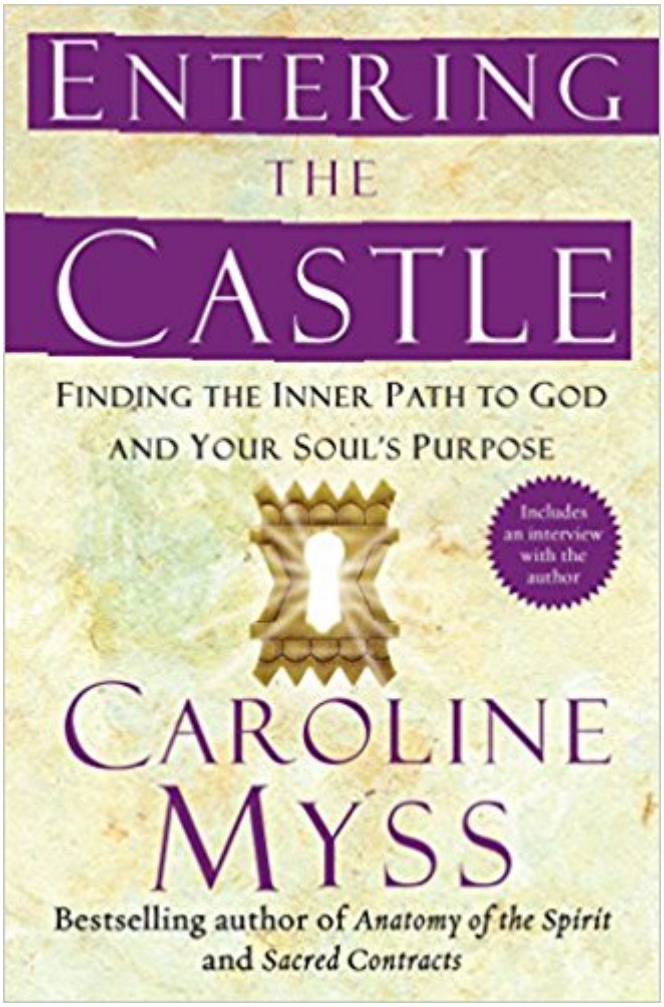
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# Entering The Castle: Finding The Inner Path To God And Your Soul's Purpose




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## Synopsis

Internationally renowned motivational teacher and popular theologian Caroline Myss has created a transcendent work of unique insight and revelation in Entering the Castle. A highly original inner path to self-knowledge, the Castle is also the road to spiritual knowledge of God and your own soul. In fact the soul is your spiritual castle and doing interior soul work helps you find your path in the world.  Teresa of ÃƒÂ•vila's vision of the soul as a beautiful crystal castle with many mansions, and many rooms within those mansions, is the template for this modern spiritual journey on which you meet different aspects of your self and spirit and prepare for the ultimate encounter with God and your own divinity. Seven stages of intense practices and methods of spiritual inquiry develop your personal powers of prayer, contemplation, and intuition, which in turn reinforce your interior castle and build a soul of strength and stamina.With stories and inspiration from mystics of all traditions, Entering the Castle is a comprehensive guide for the journey of your life -- a journey into the center of your soul. There, peace, God, and a fearless joy wait for you to discover them...and claim them for your own.

## Book Information

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## Customer Reviews

Starred Review. Fans of Myss's earlier books (Sacred Contracts, etc.), which drew inspiration from such diverse traditions as Indian medicine and ancient divination methods, may be surprised at how thoroughly entrenched her new book is in the Western religious tradition. In the preface, she discusses how an out-of-the blue seizure and a midlife hunger for an authentic spiritual practice set

her exploring the mystical tradition of her childhood Catholic faith. Using St. Teresa of ÃƒÂ•vila's metaphor of the "interior castle" as a template, Myss challenges readers to get in touch with their own souls and shows how they can then lead deeper, more joyous lives. Every chapter is packed with meditations that help to either clean out the detritus that prevents spiritual growth or prepare for a mystical meeting with God. Interspersed are supportive stories of those who have gone before on the path. While Myss explicitly states that readers need not become Catholic or even Christian to enter the castle, some may be turned off by how little she incorporates other traditions. Even so, the material clearly springs from a deeply personal place and every page rings with the passion and intensity of someone who has finally found what she was seeking. (Mar. 6) Copyright Ã Â© Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

"Entering the Castle is...based on St. Teresa's seven interior mansions, which are explained and elaborated here...so beautifully, clearly, compassionately, lightheartedly, wondrously...[as] seven steps...to your own deepest self or soul. Teresa became not only a spiritual woman who had written a brilliant practice manual, but a saint who saved Caroline's life, showed her her soul, awakened her heart, and set her on the never-ending...timelessly fulfilled road of practice. I just know that Teresa would say 'amen' to this luminous book as the fruit of her calling to you, a calling to all of us to be mystics without monasteries in a world sorely in need of a touch of the divine...the true self in each and every one of us." -- From the foreword by Ken Wilber, author of A Brief History of Everything and Integral Spirituality"Caroline Myss's brilliant, brave, and profoundly moving book takes us deep into the burning heart of Teresa of ÃƒÂ•vila's vision of divine consciousness. Seekers on all parts will find here mature wisdom and deep sacred passion expressed with thrilling directness and a fierce psychological precision worthy of Teresa herself." -- Andrew Harvey, author of The Direct Path and Son of Man

I gave Entering the Castle, by Caroline Myss, five stars because of what I have gotten out of it. For a little more than the last year, I have been studying A Course In Miracles (ACIM) which is quite challenging by itself. However, I see Entering the Castle as another vehicle for uncovering layers of my past "stuff" in a perhaps easier way. Her descriptions of reptiles and drawbridges and the castle help to make the process of lightening burdens of the soul interesting and inviting which is no easy task. She bases her writing on ideas that came from St Theresa of Avila, which is intriguing. With each writing exercise, I have been pleasantly surprised at new discoveries about myself, even after

years and years of writing and praying. I highly recommend this book to anyone willing and courageous enough to dig deep into the bowels of his or her castle to reap great rewards.

This book is one of my personal favorites in consciousness expansion and spiritual/personal evolution. I have both the book and the cds, and I especially love the cds, as Caroline leads you through meditations based on Teresa of ÃƒÂ•vila's work. I've had amazing shifts in consciousness as a result....but, not just from reading the book. You have to do the work of "entering the castle" consistently. But, if you are willing to make the effort, the depth of the awakening process and personal exploration that this system can open you to can be quite profound.

Once again, Caroline Myss has given us a better understanding of the inner life by "Entering the Castle" of her soul and sharing her findings with us.As we enter the seven mansions of our soul, Caroline and Teresa of Avila ( who centuries ago first led us through the "Inner Castle"),Interior Castle: The Classic Text With a Spiritual Commentary (Classics With Commentary)Ã Â we realize that we must shut down the mind, our ego. A quote from Caroline paves the way: "The mind is simply not strong enough to make the journey. Get your mind out of the soul's way.The mind is so busy with daily living that it will never leave us alone, so we must make the effort to push it aside and just "be" who we are, not what we think we are. By letting go of our ego/mind we can find the path to peace, tranquility and a better understanding of our being.Our being, who we are inside, our soul will lead us to the right path and the right decisions we need to make on our journey. It leads us to better judgement of our situations, better understanding of ourselves and others and more accepting of ourselves which leads to more accepting of one another.Other books for your consideration:Life of the Beloved: Spiritual Living in a Secular Worldby Henri J NouwenThe Grand Option: Personal Transformation and a New Creation (GETHSEMANI STUDIES P)[ by Beatrice BruteauPassion for Creation: The Earth-honoring Spirituality of Meister Eckhartby Matthew Fox

my #1 spiritual guide!

LOVE this book, but then I also love Carolyn Myss!!! I bought 2 (1 for me and the other for a gift) Both these books were at one time library books and came covered in the typical plastic/cellophane covering. Which to me, is an added bonus to keep the book cover in good condition. No writing or highlighting in either of the books, which is always nice too!

not the book for me

I enjoyed the book, often the explanations prior to entering of the rooms in each castle went on and on. The experiencing of connecting and reconnecting with your soul's purpose, is worth the wordy explanations.I bought this book used. They said is was in good condition, and it was, except the previous owner wrote and marked up every other page. A little distracting to say the least.

What a wonderful book that I will use for the rest of my time here on earth. There are so my insights in this book. I can be still because I know God is with me. And the Kindom of God is here, it is within us.

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